

**ALL SAINTS CHURCH BOYNE HILL
MAIDENHEAD
PARISH NEWS**

www.allsaintsboynehill.org.uk

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Dear Parishioners and Friends of All Saints, Boyne Hill,

I begin this week's Parish News with the pastoral letter of the Archbishops of Canterbury and York addressed to the clergy and people of the Church of England, calling on us to pray for peace in Ukraine. They wrote: 'This attack is an act of evil, imperilling as it does the relative peace and security that Europe has enjoyed for so long. The attack by one nation on a free, democratic country has rightly provoked outrage, sanctions, and condemnation. We lament with the people of Ukraine, and we pray for the innocent, the frightened and those who have lost loved ones, homes and family. We continue to call for a ceasefire and the withdrawal of Russian forces as well as wide-ranging efforts to ensure peace, stability and security.'

The Archbishops have also encouraged The Church of England to join with Pope Francis in making Ash Wednesday a day of fasting and prayer for peace. Pope Francis – 'I invite everyone to make March 2 Ash Wednesday a day of fasting for peace.' He said 'I encourage believers in a special way to devote themselves intensely to prayer and fasting on this day. The Pope went on to say, 'Once again the peace of all is threatened by partisan interests.'

I believe that the concerns of our church leaders are felt by all of us and so we will use at the Ash Wednesday services, prayers for peace at this time.

This week I would like to encourage people to think about the subject of Sustainability. This Lent the group set up last year to think about the Church of All Saints being an 'EcoChurch' that encourages each one of us to think about our carbon footprint. If you look at Jenny Wilks' sustainability letter attached to Parish News you will find a link for you to answer questions to discern your own carbon footprint. I discovered this last Saturday on the Oxford Diocese Sustainability pages on their website. I discovered that I was over the target for an individual. My figure came in at 14.78 tonnes when the figure should hopefully be 10.5 tonnes. Of course, we are not in control of all the choices we make. It is doubtful that we can all afford to buy the latest electric car or to put double glazing or solar panels into our homes. However, we can, by simple living, make a few changes this Lent that might form better habits and reduce our carbon footprint.

On Sunday I spoke about Neil Thompson, a retired priest who claimed that science can give us the answers and facts but fails to turn facts into action. Thompson went on to write that 'To avert global disaster suggests that self-interest gives way to universal wellbeing. This will involve discipline, sacrifice, compassion the hallmarks of love following an experience of the Divine.' This allows us to contemplate times in our own lives when we have felt and experienced a thin place or a period of time when we slow down and notice God's world. Using the Jesuit thinking we might live as contemplatives and 'See God in all things.'

Ash Wednesday and the 40 day observance of Lent can be the springboard we need to show that simple living can be a joyful and fulfilling lifestyle compared to the competitive and consumer led society we live in. The world is a gift from God that we need to cherish. In the words of Gregory David Roberts (Who wrote a wonderful book called 'Shantaram') we should be moving away from a view of the world where we compete and consume to one where we co-operate and conserve.'

Perhaps this Lent we might try to be more sustainable and reduce our footprint size. Here are some simple examples. But do see the Sustainability Newsletter attached to this Parish News.

1. Food – one third of the food in Britain is wasted. This represents 14 million tonnes of carbon dioxide emissions. Can we reduce our waste this Lent? Can we cut the number of takeaways this Lent? (Frequently takeaways are in plastic containers) Can we go shopping with the intention of purchasing local food and Fair Trade products? Can we keep meat free Mondays?
<https://meatfreemondays.com/>
2. Travel – Can we use the bus or train instead of a car? Sharing travel in a car is clearly better than driving alone. Maybe using leisure time to walk and appreciate God's world might be a good activity this Lent. Trying to reduce the times we fly. My carbon footprint no doubt increased by going on holiday!)
3. Housing – clearly, we can't all have double glazing and insulation, but we can perhaps put in low energy light bulbs. (Those of us struggling to see could book a long overdue appointment at the opticians!) Also, I have been given an estimate of an increase of £850 for the next year's electric and gas bill. We can switch lights off and turn the heating down by 1 degree and reduce energy for heating by a reported 10%.
4. Purchasing and re-cycling – Can we make a great effort to re-cycle and buy products with less wrapping?

The above are just a few suggestions for a sustainable Lent. We are also offering some entertaining films that we hope will lead to some good discussion on issues of sustainability. See p 5 for details. Please sign the list at the back of church to share a film evening at Mike and Jan Moss's. If you would like a Thursday afternoon viewing let me know or sign the list in church with Thursday afternoon preferred.

There is also ***Come and See***, the Diocesan course on the Lord's Prayer, which is offering daily readings during Lent. Go to www.oxford.anglican.org/come-and-see/ to sign up.

We will also provide reflective Stations of the Cross on Thursdays at 7.00pm and a Saturday Quiet Day. Details of the Quiet Day will be confirmed in a future Parish News.

RESOURCES THIS WEEK

Thursday 3 March	9.15am Morning Prayer in Church <i>2.45pm & 3.00pm Open the Book at All Saints School</i> 7.00pm Stations of the Cross led by Fr John No Choir Practice this week
Friday 4	9.15am Morning Prayer in Church 10.00am Tiny Saints in the Parish Centre <i>The Woman at the Well</i>

Sunday 6

10.00am Eucharist for The First Sunday in Lent.

Celebrant: Fr Jeremy. Preacher: Fr John
Young Saints meet in the Birinus Room

12 noon Holy Baptism

Please pray for Luke David Gordon Follett, his parents and godparents.

6.00pm Eucharist for St David's Day

Followed by refreshments with Welsh Cakes

Wednesday 9

10.00am Requiem Eucharist

Celebrant: Fr John

PRAYER INTENTIONS

We continue to pray for the peaceful resolution to the tensions over the Ukraine. We pray for the leaders of the nations that you will guide them in the ways of freedom, justice and truth.

We pray for the wounded and the captive, the grieving and the homeless and all those fleeing war torn areas of the world. We pray that in all their trials they may know your love and support. We pray this Lent that we may discover ways of simple living that will help us reduce our carbon footprint and live in harmony with God's world.

We pray today for Luke as he is baptised into the family of God. We pray for his family and godparents. Also for Kaitlyn Malkin, and Clara Pang on the anniversary of their baptisms.

For our parish and congregation in any kind of need; for the lonely, the anxious and the depressed; for those who mourn the loss of a loved one; for those who are ill at home or in care homes and hospital: we pray for Suzette, Danielle, Nick, Fr John, Dave Hill, his wife Eliza, Dave's parents and Ann and Chris, his in-laws, Paul Latham, Doris Winn, Mikhail, Doreen Hill, John Hicks, Roger and Jane Baldery, Birmta Zadinane, Kirsty Banner, Carol Atkin, Harrison Hawkes and Heidi Webb. May they know God's loving and healing presence.

For the recently departed: Paddy Fox, Doreen Jamieson, Neville Ewart Redway, John Herbert and Jamie Neal Ferguson. May they rest in peace and rise in glory.

May we all be blessed by God's love this week
Fr Jeremy

Worship for Sunday 6 March The First Sunday of Lent

COLLECT

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord who is alive and reigns with you, in the unity of the Holy Spirit one God, now and for ever. Amen

OT READING Deuteronomy 26: 1 - 11

Moses spoke to the people, saying: When you have come into the land that the LORD your God is giving you

as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me.' You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

GOSPEL Luke 4: 1 — 13

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."' Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."' Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you," and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus answered him, 'It is said, "Do not put the Lord your God to the test."' When the devil had finished every test, he departed from him until an opportune time.

MUSIC FOR 10.00am EUCHARIST

Prelude: Angel's Farewell *E Elgar*
Opening Hymn: AM 116 Be thou my guardian and my guide
Mass Setting: Rite A
Gradual: AM 121 Forty days and forty nights
Offertory: AM 134 Praise to you, O Christ our Saviour
Communion: AM 127 Lord Jesus, think on me
Closing Hymn: AM 421 All for Jesus, all for Jesus
Postlude: Psalm Prelude Set 1 No 3 *H Howells*

MUSIC & READINGS FOR 6.00pm EUCHARIST FOR ST DAVID'S DAY

Organ Prelude	Rhosymedre <i>R Vaughan Williams</i>
Opening Hymn	721 Love divine, all loves excelling
Epistle	1 Thessalonians 2: 2—12
Gradual Hymn	792 The God of love my shepherd is
Gospel	Matthew 16: 24—27
Offertory Hymn	676 Immortal, invisible, God only wise
Closing Hymn	652 Guide me, O thou great Redeemer 721 Love divine, all loves excelling
Postlude	Voluntary <i>Thomas Tomkins</i>

Lent Films with a Sustainability Theme

These films will be shown on the following Wednesdays at 7.30pm at Mike and Jan Moss's house, Woodstock, Boyn Hill Avenue. Please sign up on the sheets at the back of the church if you'd like to attend, so we can estimate numbers.

Wednesday 16 March: Erin Brockovich

Based on a true story of Erin Brockovich (Julia Roberts) who takes on a large energy corporation on its culpability for ground water contamination and resulting medical issues for nearby residents.

Wednesday 23 March: A Life on our Planet

David Attenborough documentary where he reflects on the devastating changes he's witnessed during his lifetime and reveals how together we can address the biggest challenges facing life on our planet.

Wednesday 30 March: TBA

Wednesday 6 April: TBA

For those who are reluctant to go out in the evening, if you let Fr Jeremy know, it might be possible to arrange an afternoon showing at 2.30pm on Thursdays at the Vicarage if there is sufficient interest.

There will also be a film and refreshments for **children** and the young at heart at the Vicarage on

Sunday 13 March at 3.00pm: WALL-E

A Pixar animated film set in the distant future where a small waste-collecting robot inadvertently embarks on a space journey that will ultimately decide the fate of mankind.

EASTER LILIES



If you would like to sponsor lilies for Easter Day in memory of your loved ones, please put your name on the list on the cross-aisle table. This is a lovely way to be involved in making the church look really beautiful for this Queen of Festivals. It is anticipated the lilies will cost around **£4.00 per stem** this year. Our order must be placed by Monday 28 March at the latest; so make sure you sign up before then. Payment can be made using the pre-printed envelopes supplied on the cross-aisle table: This should then be handed to Stella Harding or the Parish Office.

The Flower Team

Renaissance Voices Concert in Church 7.00pm Saturday 5 March

A Maidenhead early music choir marking their 22nd anniversary with a special concert in church. Tickets are priced at £15.00. and can be purchased at the door and will include refreshments. Card payments are welcome. The programme will be conducted by a local well-known organist and choir master Robert Jones. This will include Thomas Luis de Victoria's atmospheric Requiem Mass for 6 voices composed in the 16th century and the exuberant Purcell ode written in 1694 on the occasion of the birthday of Queen Mary II, Come Ye Sons of Art. The Purcell will include professional soloists and a band of instrumentalists. You will be very warmly welcomed

MARLOW PLAYERS MURDER MYSTERY SATURDAY 12 MARCH 2.30pm & 7.30pm

Calamity in the Cloisters written by Andrew Stafford (gosh, that name still seems familiar).

It's set in a suitably anonymous Cathedral, where the passions run high, the opening croquet match sets the scene for vicious tactics and manoeuvring in which the very different and distinctive personalities of a number of cathedral worthies results in the sudden death of one of their number in very curious circumstances. Tickets £10 each from marlowplayers.org.uk.box-office. Bring along your own food and drink for interval picnics.

A note from Ken Smith re Disability Aids

Wheelchairs, crutches, walkers, walking sticks. Do you have any of these disability aids that you no longer need, or know someone who does? Although they may be in good condition you may already have discovered that hospitals and Social Services in the UK are unlikely to take them back. Is the only alternative to send them to landfill?

Having faced the same problem myself you may be pleased to know that I have found a charity called Physionet who will take these disability aids, and in fact any disability aid at all, (with just a very few exceptions), renovate and clean them as necessary, and ship them overseas where there is a desperate need for them.

Through my Rotary Club I collect any aids that will fit in my car and store them locally until I have enough to be sent to Physionet. This satisfies two major current issues 1 – we provide humanitarian aid to those who would otherwise suffer, and 2 – we are recycling material, thus reducing the use of new material for manufacture and preventing aids going to landfill – great for our Sustainability work.

Should you have such aids please let me (ken.smith1@tinternet.com) or the Parish Office know. If you cannot bring them to church I will hopefully be able to collect. *Ken Smith*



AN INVITATION TO MEET ANNE ATKINS 8.00pm Thursday 7 April at Maidenhead Synagogue

Come and argue (probably not compulsory!) with Anne Atkins about her novels, BBC broadcasts and controversial views. Her talk will be at Maidenhead Synagogue, Grenfell Lodge, Ray Park Road, Maidenhead, SL6 8QX (there is ample parking inside the Synagogue car park). It is being held under the auspices of the Council of Christians and Jews, and will be followed by refreshments and a chance to chat to her in person. There is no charge, but it is important you let us know if you are coming, along with any guests, by emailing the Synagogue office: admin@maidshul.org



Sustainability newsletter – March 2022

“The earth is the Lord’s and everything in it; the world, and all who live in it.” (Psalm 24:1)

3. Shopping

Welcome to our March hints and tips. This time we focus on ideas to be more eco-friendly in the ways we shop. The aim of our newsletters is to provide tips for living in a more sustainable way as we play our part in Caring for God’s creation, one of the top priorities for the Church of England and the Oxford Diocese.

We hope this will give you some ideas to help you be more sustainable. Maybe there is something here that you could think about trying throughout Lent.

“Every time you spend money, you are casting a vote for the kind of world you want,” Anna Lappé (sustainable agriculture expert).

The golden rules of shopping are “Only buy what you need and consume what you buy.”

General

- Carry a shopping bag with you to avoid needing to buy one
- Consider taking a reusable cup if you are planning a coffee or tea on your shopping trip – or take a break in a coffee shop with a china mug rather than getting a takeaway
- Avoid single-use plastic if at all possible
- Recycle flexible plastics (eg Sainsburys take a wide range; Waitrose take bags)

Sainsburys take

<p>Yes please</p> <ul style="list-style-type: none"> ✓ Dry food flexible plastic Bread, Cereal, Rice & Dry food bags Confectionery, Biscuit & Cake wrappers Crisp & Snack packets ✓ Other food flexible plastic Cheese wrap, Peelable film lids & Frozen food bags Fruit, Vegetable, Salad bags & Flower wrapping Multipack film wrap, Clingfilm & Sleeves on bottles ✓ Pouches & Sachets Coffee, Confectionery, Homecare, Sauce pouches Baby, Pet food & Microwaveable food pouches Toiletries refill pouches, packets & sachets ✓ Non-food flexible plastic Carrier bags, Clothing bags, Bubble wrap Magazine & Newspaper wrappers Toilet roll & Kitchen roll wrapping 	<p>No thanks</p> <ul style="list-style-type: none"> ✗ Disposable gloves or masks ✗ Compostable or biodegradable bags & wrapping ✗ Foam or polystyrene of any kind ✗ Medical blister packs ✗ General litter or rubbish <p>Recycle at Home</p> <ul style="list-style-type: none"> ✗ Rigid plastic bottles, pots, tubs or tray packaging ✗ Glass, paper, cardboard, metal packaging
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Food

- Buy fruit and veg in season. You could consider a veg box (eg Abel & Cole, Riverford). If shopping in a supermarket, buy loose produce and carry mesh veg bags to put these in (eg Sainsburys; Veggio bags from Ocado, Lakeland, Amazon)
- Buy locally to avoid food miles. Check country of origin in supermarkets and consider shopping at farmers markets (Maidenhead on 2nd Sunday of month at Grove Road carpark), farm shops or seasonal 'Pick Your Own' (eg Copas Farm, Cookham which also sells pre-picked fruit)
- Make or buy beeswax wraps to use instead of clingfilm (eg www.oakdalebees.co.uk/food-wraps/)
- Consider buying milk in bottles from local company (eg Parkview Dairy or <https://thomodernmilkman.co.uk/>)
- Hunt out wines with real corks rather than plastic ones – and recycle at Majestic Wines
- Consider a sparkling water maker to reduce single use plastic bottles, if you drink fizzy drinks (eg Sodastream)
- Download the Olio app and see who you can start sharing un-needed food with locally

Kitchen and bathrooms

- Try swapping liquid soap for bar soap
- If you prefer liquid soap, shower gel, shampoo etc, take your own containers to a zero waste shop (eg Filling Good, High Street, Maidenhead) or buy in bulk and fill up smaller bottles for use
- Swap make-up remover wipes for reusable versions (Craft Coop in Nicholson Centre usually have some) or a flannel



Clothes

- Buy clothes that last, not fast fashion
- Buy natural fibres rather than synthetic – to avoid tiny plastic fibres getting into the water supplies and affecting wildlife. (Up to 700,000 microplastic fibres are released from a single clothes wash)
- Consider buying second-hand clothes – or if you're handy with a needle, try creating something new from old clothes
- Recycle clothes/ textiles (eg M&S's SHWOP scheme in partnership with Oxfam where **everything** is resold, reused or recycled. Box for contributions in M&S on ground floor. www.marksandspencer.com/c/plan-a-shwopping)

Many of these tips are from The Sustainable(ish) Living Guide by Jen Gale. Thanks also to those of you who contributed tips at the Sustainability open morning.

If you are keen to understand more about your carbon footprint, this is a link from the Diocese website. <https://footprint.wwf.org.uk/#/>

We will be providing tips on a variety of topics over the coming months, so if you have any you'd like to share, please let us know by emailing them to jwilks@jwa-consultancy.co.uk.