

	Love in Every Colour
Introduction	<p>You might have heard grown-ups talking about racism. It has been in the news a lot recently because of something called Black Lives Matter, which is a movement to stop racism.</p> <p>So what is racism? Racism is hurting someone, being mean to them or treating them unfairly because they belong to a different race, have a different skin colour or come from a different place.</p> <p>This is a really, really, simple explanation for a really, really big and complex thing that causes lots of hurt and anger throughout the world.</p> <p>God made all of his children in a variety of colours, shapes and sizes. He made different lands and tribes that we turned into countries and races with languages and cultures that are all different and interesting.</p> <p>Even more, he sent his son Jesus Christ who told us to love our neighbour as ourselves and taught us that everyone was our neighbour!</p>
Activity	<p>Why are some people racist?</p> <p>Think about a time that someone was mean to you, or perhaps a time that you were mean to someone else (be honest with yourself). What do you think was behind this? There are lots of reasons that people are mean to each other but it usually comes down to some of these feelings or states:</p> <p>Anger Sadness Fear Ignorance</p> <p>Can you think of any more feelings that might make someone mean to someone else?</p> <p>What are the opposite feelings or states?</p> <p>Peace Compassion Understanding Courage Knowledge Curiosity</p> <p>Try these at home:</p> <p>‘Everyone is a different flower’</p>

	<p>Go for a walk with a grown up and look for as many different types of flowers as you can. Imagine how amazing a garden would look with all of these different flowers and how boring it would be with just one kind! Draw a picture of an amazing garden full of flowers, you could even make a collage by cutting out pictures from magazines.</p> <p>Fight racism with your own monster! Monsters can be friendly too and we can make our own monster that embody one of those good emotions we talked about:</p> <p>Peace Compassion Understanding Courage Knowledge Curiosity</p> <p>Ask a grown up for a (clean! Not smelly!) odd sock. Give them some googly eyes, put your hand in and tah dah! You have a friendly monster. Decorate your monster to make them embody a good emotion. You could use clouds for peace or question marks for curiosity...</p> <p>Celebrate what makes us different! Do you know someone who comes from a different country, culture or race? Then you are super lucky. Maybe your family comes from a different country? See how much you can find out about different countries, races and cultures (if you are polite and kind people will like talking about their cultures and traditions). The world is an amazing place filled with amazing interesting humans, find out about them!</p>
<p>Closing Prayer</p>	<p>In our community, we are many different people; we come from many different places, have many different cultures. Open our hearts that we may be bold in finding the riches of inclusion and the treasures of diversity among us. We pray in faith.</p> <p>Amen</p> <p>Dr. Martin Luther King Jr</p>